

SNAP SHOT

Stanford Lake College

ISSUE 30 of 2021- 17 September



Matters of Principal

"It is literally true that you can succeed best and quickest by helping others to succeed."
– Napoleon Hill

We have had another very busy week at school. In fact, the place has been an absolute hive of activity. The Matric trial examinations are in full swing and our Matrics have all written at least one final IEB paper, in some cases two (Life Orientation PAT B and Life Sciences Paper 3 Practical). The Grade 12s finish writing their trials next Wednesday and from there it's a matter of weeks until they are done with formal school. All that will be left of this twelve-year journey is the final examinations, which begin in October. The Grade 8s have been doing their final preparation for their second Trek and the sports fields have been filled with the happy laughter of our youngsters at play. I watched the First XI cricket team in action on Saturday, the girls cricket team playing on Wednesday as well as the two girls soccer teams, who took on Mitchell House. The sense of sheer joy at simply being out on the field was palpable, to the point where, when Zoë Koster scored a "Ronaldoesque" goal, everyone (including the Mitchell House girls) burst into rapturous applause. It was a delight to witness. Whilst all of this has been going on, the Estate Department and Copper Moon event organisers have been hard at work readying the campus to welcome 300 mountain bikers for the Magoeba Trek.

All of this has served to remind me of the importance of teamwork. Teamwork can be defined as so many different things and differs from one context to the next, but a few basic principles do hold true if we are going to get people to work together effectively in order to achieve a common goal.

Effective communication, delegation, supporting one another and pooling ideas and skills mixed with a good dose of respect and empathy are the elements needed to achieve success. We need to remember these elements, be it in preparing for Finals, walking though the Wolkberg, participating on the sports field or putting together a world class multistage mountain bike race. Let us never forget the words of Ken Blanchard "None of us is as smart as all of us".

Have an excellent weekend.

Mooketsi MTB Challenge



The Mooketsi Mountain Bike Challenge took place on the 11th of September and was a great event. With some very technical trails, ranging from gravel to rocky and even sandy surfaces, it provided a challenging but very enjoyable race. Stanford Lake College had a few students and staff in the mix, taking part in the 40km event. Isabella Dando managed to finish 4th in the Sub-Junior Girls category and was the 13th female overall. Nicholas Boyum finished 10th and Gordon Noel took the win in the Sub-Junior Boys category. Gordon also managed to finish as 3rd male overall, a massive achievement. From the staff we had Mrs A Schoeman finishing 6th and Mr H Swanepoel finishing 8th in their respective categories. Well done to all the Stanfordians, you make us all very proud!



Good luck to all the riders racing in the misty Magoeba Trek this weekend. The first stage kicked off earlier this morning with staff, students, Old Stanfordians and Board members spotted amongst some of the riders.

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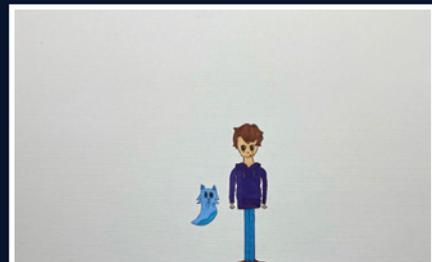
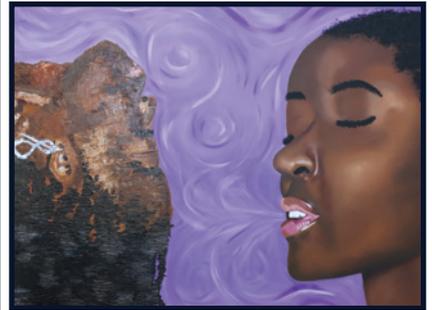
YOUNG ARTISTS EXHIBITION 16 SEPTEMBER

“The Grade 11s were given the topic ‘This Current Moment’. In this difficult and trying time for humanity, these young artists took on the momentous task of finding a personal way to represent their inner thoughts. They either expressed how they feel introspectively at this moment and their emotions or they portrayed how they see the world at this current moment, with everything that has been happening. They expressed their own individual perspectives through their art. The artists chose to represent this moment in history through, either protest art of how the world currently is through a truthful depiction, hopeful art of how the world could be through an optimistic depiction, or surrealist depictions of what they wish the world to be.” - **Sifiso Magagula**

“This is the last opportunity the Grade 11 Young Artist group has to exhibit their work until their final Matric Exhibition. I can see personal growth in each student as they each develop their own style and perfect their techniques. This group is incredibly strong, and I cannot wait to see their final Matric works at the end of next year.” - **Miss Lourenço**

“The Grade 10 students produced a Stop Motion video each, in which they designed their own characters and miniature film sets. Stop Motion is when an artist takes multiple photographs and strings them together digitally to create a video. They may be short but took hours of work!”

“This has been a very busy term. I would like to commend my students for their incredible efforts this term. Well done, Young Artists!” - **Miss Lourenço**



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NEWS FROM THE PITCH

BOYS CRICKET VS PHALABORWA

On Saturday, 11 September Stanford 1st XI set foot on the cricket field for the first time in about two years. This saw a new tradition start, as you will only receive your striped 1st team cap after 6 games. Stanford had a really young team with only two players receiving their caps.

Stanford won the toss and sent the visitors in to bat first. Phalaborwa got off to a good start and Stanford struggled in the field. Phalaborwa scored 374-5 in their allotted 50 overs. The pick of the bowlers were David Mulder and Tallen Smit who each took two wickets.

Stanford started the run chase off well but the middle order collapsed and it was left to the tail enders to try their best. At the end Stanford was bowled out for 156 and lost the game by 218 runs. Tallen Smit stood out with the bat as well and scored an unbeaten 50 which was also his maiden half century.

It was lovely to see the boys out on the field and enjoying themselves after such a long break.

The U/15 Boys also played Phalaborwa on Saturday, 11 September and batted first, making a grand total of 45 before being bowled out. The lads had a tough task to defend this total but, unfortunately, they couldn't slow down the game enough. Phalaborwa ended up winning by 7 wickets. Tristan Brett was the star bowler with a tally of 1/5, keeping the run-rate down and giving the team a chance.

GIRLS CRICKET VS GIYANI

On Monday, 13th September, the girls played cricket in Giyani. After leaving an hour late, they finally made it to Giyani on a hot 32°C summer's day! The opposition elected to bat first, with their three Limpopo Senior ladies starting the line up! It was a long and hot day in the field but our girls only dropped one catch! The Stanford girls only went in to bat at 17:00 and had to call the match at 18:00 due to bad light. The girls did themselves and the school proud with a valiant performance and a lot of valuable lessons learned. They showed a 200% improvement from their previous match! Well done girls, we are proud of you!

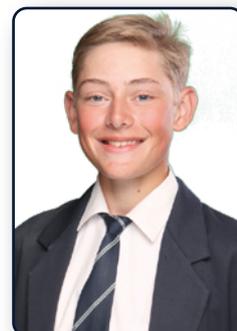
GIRLS CRICKET VS PHALABORWA

On Wednesday, 15 September the 1st Team Girls took on a formidable Phalaborwa team in a T20 match. SLC won the toss and elected to bat first. The girls went on to make a total of 36 with Carmen Veldsman scoring a fantastic 17 runs in her stint. The game was lost, unfortunately, but the ladies enjoyed themselves. This team has a great potential to grow. Well done girls.

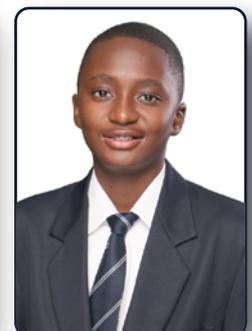


GOLF CHAMPIONSHIPS

The Limpopo High School Golf Championships took place at Zebula on Friday, 10th September. Owen de Witt entered the B Division and Relotilwe Sekhula entered the C division. It was a long and hot day in the sun for the boys and ended up with Owen finishing tied in 13th position in the B division and Relotilwe in 4th place in the C division. Well done to them!



Owen de Witt



Relotilwe Sekhula

SOCCER SCORES

On Wednesday the 15th of September our Stanfordians took on Mitchell House in a full set of soccer fixtures. The girls played a home game and showed determination and dominance over their opponents as both the U15 and 1st Girls walked away victorious. Chelsy Mathebula was the most outstanding player in the U15 team, and they beat Mitchell House 6-0. In the 1st's game, Zoë Koster showed good skill as she scored two goals. Her decision-making was impressive and they beat Mitchell House 4-0.

Our boys' Soccer Teams traveled to Mitchell House, where the rivalry between the teams has always been played in good spirit and the games would not disappoint. The U15 boys played well but they were unfortunate not to score and lost 2-0.

The 1st XI boys showed grit and determination in what was a closely contested game with both teams not willing to lose and showing brilliant defensive structure. Stanford would be the ones to break the deadlock as the game drew to a close. Captain, Mada Buliana, score the winning goal, ending the game 1-0.

Well done to all our Soccer teams.



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MENTAL HEALTH WEBINAR



On Tuesday, 14th September, the Grade 11s were privileged to hear from Duncan Woods on the topic of Mental Health. Duncan Woods is the Director of PlanetK2, an organization that works with athletes and businesses, through mental and performance coaching. He recently worked with the South African Men's Water Polo team at the 2020 Tokyo Olympics. Duncan challenged the Grade 11 pupils to the following: Helpful Thinking (What is helpful to me or my peers right now?), Understand Motivation (Connectedness, Confidence and Control) and lastly, think about the process / performance rather than the result. The Grade 11s were inspired and learnt a lot with regards to mental health and how to face it as young adults.



LIBRARY MONITORS NEEDED

Mrs Wight is requesting assistance from Grade 8s and 9s to help her during tea and lunch time in the Library. A bonus would be if you could also assist in the afternoons after school, should you not have any other obligations. Interested individuals can meet Mrs Wight in the Library on Wednesday, 22 September, at tea time.



HANDS



FACE



SPACE

STAY ALERT
CONTROL THE VIRUS
SAVE LIVES

STAFF PROFILES



Mrs Alex Schoeman

- 1 What subjects do you teach?
English and History.
- 2 What year did you start working at the school?
2019.
- 3 What type of music are you in to?
1960's-1980's -easy listening.
- 4 Tell us something we don't know about you...
I took up mountain biking in 2020 during level 5 lockdown. I was very unfit and started doing just 5km along Tzaneen dam. On 11 September 2021, I entered my first mountain bike race at the Mooketsi MTB Challenge. I came 4th in my age category. I am a member of the Cycle Sloths Ladies MTB Club and I love it.
- 5 What's your favourite thing to do in downtime?
Mountain biking and walking my dogs.
- 6 Name one thing on your bucket list...
I'd like to visit Zanzibar and relax with a cocktail.
- 7 Does pineapple belong on pizza?
Yes.
- 8 Tea  OR Coffee?  Only proper coffee - no instant - I'm a coffee snob!
- 9 iOS OR Android? If I could afford it, I would choose IOS - so it's Android.
- 10 Melkart OR Malva Pudding? Neither, I'm savory not sweet!
- 11 Cups in the cupboard: Right side up  OR upside down?  Right side up only because just maybe a roach walks next to the cup where you sip from and that scares me.
- 12 Beach  OR Mountains?  Both
- 13 Dogs  OR Cats? 