

SNAP SHOT

Stanford Lake College

ISSUE 06 of 2020 - 20 February



Matters of Principal

Wishing you all a very happy half term.

MEET OUR STUDENT LEADERSHIP TEAM

- Malaika Mohlabi, Deputy Head Girl
Coming in next week's edition!



ROSETTES FOR RUBEN

Ruben le Roux recently participated in the first qualifier for the Limpopo Schools Equestrian Team, held in a very hot and humid Vivo. Ruben and 3-year old thoroughbred Thembinkosi came in first place for two Level

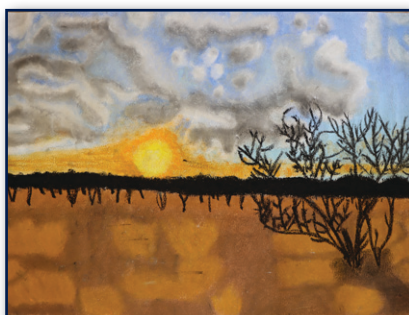
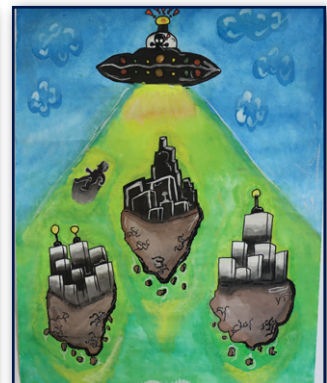
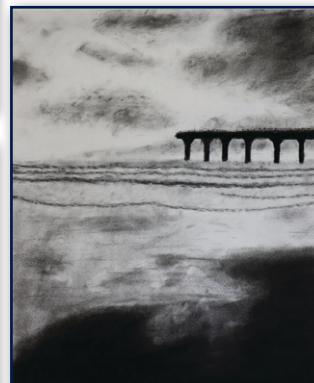
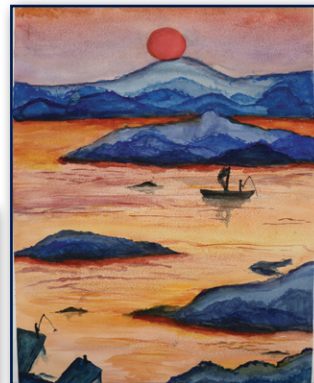
1 Prix Caprelli classes. With his 9-year old warmblood, TI Quinta, Ruben came in first place in 1.1m Equitation, second in the A2 Speed Class (jumping 1.2m), and first in the 1.2m show jumping normal competition (clear round and then jump off) class.

Ruben and his horses earned 1100 points in total for Stanford Lake College. As SANESA is a schools league, every point puts SLC on the map!

Pictured: Ruben and Thembinkosi receive rosettes for the two first places in Prix Caprelli from judge Heather Canfferman.

ART CORNER

The following pieces were created by our Grade 10 art students. Their brief was to create a landscape depicting an area that means a lot to them.



SNAP SHOT

Stanford Lake College

ISSUE 06 of 2020 - 20 February

ATHLETES EXCEL AT DISTRICT TRIALS

Five Stanford athletes participated in the District Athletics Trials at Ben Vorster on Saturday, 15 February. The weather held out for the event and our athletes achieved some outstanding results. Lia Revelas ran her personal best time on the 400m hurdles and finished first in both of her hurdle events. Devon Coad also competed in two events, high jump and 400m hurdles, where he also walked away with two gold medals.



Hosea Muleya participated in shotput and finished second in his event. He has achieved such excellent results this season and shows improvement at every event. Kian Noné qualified to participate in the high jump and comfortably finished first in his event. Mada Buliani competed in the last event of the day, the 400m, where he had a tough race but worked hard to claim first place (pictured).

Well done to all the athletes who took part, we look forward to seeing what they achieve during the next round of trials.

JUST KEEP SWIMMING...

Three Stanford swimmers participated in the Limpopo Swimming Gala in Polokwane recently. They have worked hard during the season, using their extra time in the afternoons to get into the pool and practice. Pearson Mumba qualified for Level 2 in the following strokes: 50m Freestyle, 50m Backstroke and 50m Butterfly.

Luca Wasley swam the 100m Freestyle, 50m Breaststroke and 100m Breaststroke and qualified for Level 3 swimming. Jenny Zhang managed to qualify for level 3 swimming as she finished first in all her events: 400m Freestyle, 100m Butterfly, 100m Breaststroke, 100m Freestyle and 100m Backstroke.

Well done to all the swimmers who competed.

XCO NEWS

Last weekend in Nelspruit, Herman Fourie and Gunther Katzke participated in the first round of the XCO Cup, a UCI Category 2 listed race.

Unfortunately, they both experienced some mishaps during the race and did not achieve the results they wanted, but had a good learning experience racing against some older competitors. They are now training for the second round of the series.



OFF THE BEATEN "TREK"

Our budding adventurers in Grade 8 headed off for their first trek this week, taking part in a three-day expedition in the Magoebaskloof mountains. After lightening their loads of some "non-essentials" such as wet look hair gel, hairspray, Nike Air Jordans and cologne on Monday morning, they set off!

They pushed hard over the three days, covering over 50kms on some very overgrown tracks. The students showed tenacity and were in high spirits throughout. They have brought back an infectious enthusiasm with them!

