

Matters of Principal

"Every now and then go away, have a little relaxation, for when you come back to your work your judgment will be surer. Go some distance away because then the work appears smaller and more of it can be taken in at a glance and a lack of harmony and proportion is more readily seen."

- Leonardo da Vinci

We have finally made it to the end of what has felt like one of the longest terms of my teaching career. I look back over the past few months and I am astounded by how much has happened and what we have dealt with and all we have achieved. Looking around the school over the past few days, it is obvious that this has not come without a cost. Our staff and pupils are exhausted. The stressful conditions that we have all been operating under have taken their toll. The cyclical nature of school terms has mercifully dragged us to the end of this one, but more importantly, to the beginning of a much needed break.

I have stressed to the staff the importance of everyone just switching off, disconnecting and taking some quiet personal time. What has not been achieved this term can wait for next! Rest is essential, a short time to recharge the batteries, refocus and prepare ourselves for the final push of what has been a very trying 2020.

As this is the message I have given to the staff, I echo it for our pupils; they too, need to rest. We must not underestimate the extent of the impact of this pandemic on our children. The next two weeks must be a time of sleeping late, relaxing, eating well and enjoying family time. May I also venture to say that recreational exercise will be of enormous value in helping the bodies regenerate. Rest is such an important part of our development, this is the time for us to take it. The Matrics will be particularly stressed, the next few months are going to see these pressure levels ramped up even further. They will not sustain an effective work ethic through until the end of November if they don't take at least a few days off now. A number of them will realise that they need to get back to the books sooner than others and I encourage them to manage their time accordingly.

I know I am looking forward to some down time, I wish all of you a blessed holiday with your <u>children</u>.

Rest well





Official school photographs will be taken during the course of the afternoon of Tuesday 6th October. Due to COVID-19 regulations, we will not be able to take group photos. Only individual head and shoulders shots will be taken. Further details have been sent to all parents. Please note that all pupils will be expected to be in FULL formal uniform.

Four computers were donated by the IT Department to the school's estates team in order to upskill staff and encourage computer literacy.



Take a look at the wonderful sculptures made by the Grade 10 art students. Last month, the group had a surprise visit from artist and gallery owner, Nkosinathi Thomas Nglube. He owns the Thomarts Gallery in Johannesburg and is currently working on a larger than life sculpture for his new gallery space and came to speak to the Grade 10 students about sculpture - it looks like he gave them a boost of inspiration.

























